

Could cutting down cut out the arguments?



We don't judge, we help.

If you are concerned about your own drug or alcohol use, or if someone you care about is struggling with issues around substance misuse, then call Pavilions, the drug & alcohol treatment service for Brighton & Hove. Visit the website for more information.

www.pavilions.org.uk

Freephone 0800 014 9819

Richmond House, Richmond Rd BN2 3RL

Drop in 10-4pm

Twitter @Pavilions_org 

