

Hot DAWG

Brighton & Hove Drug & Alcohol Workers Group



January - February 2017



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Art Group

Our service user reps are now running an art group open to all abilities on a Friday afternoon 1-3pm. All of our service user's are welcome to join in and use whatever art & craft materials they like.

Saturday Speak Easy

Our popular check in group, Speak Easy, led by volunteers and peer mentors runs Monday, Wednesday & Friday mornings 9:30-11am and now also runs on a Saturday morning from 10am-12pm. This unstructured group is already very well attended and an ideal introduction to our services for those who are still unsure what they would like to achieve in their recovery.

Phase One drop in for peer mentors

The Pavilions peer mentors will now be making a regular appearance at BHT Phase One hostel to provide support to others on their recovery journey. For more information about our Peer Mentor Scheme, please contact David Obermayer on [01273 731900](tel:01273731900).

Bespoke training

Need to develop your knowledge, skills and understanding of drug and alcohol issues? We offer FREE training on a variety of substance use issues at a time, place and venue to suit you.

For more information, speak to a member of the Health Promotion & Training team at healthpromotion@pavilions.org.uk or call [01273 731900](tel:01273731900). You can download a training request form [here](#).

Justlife works with people living in emergency or temporary accommodation offering support with a range of needs, working in a holistic and person centred way.



Justlife run a range of activities throughout the week at One Church Brighton, Gloucester Place, Brighton, BN1 4AA. This includes; cooking, gardening, socialising, advice, IT skills. For their timetable, see [here](#).

They also take part in collaborative research with IPPR North and funded by LankellyChase Foundation. The publications and reports are available to download [here](#).

Justlife Frontline Workers Meet Up

Thursday 16th February 2017 3.30pm - 5pm

One Church Brighton, Gloucester Place, Brighton, BN1 4AA

A relaxed opportunity to meet other frontline workers and have some coffee and cake and spend time coming up with ideas of ways to work together. We will be able to put the best ideas forward for funding!

This is a great opportunity to collaborate with other frontline workers on ways of improving outcomes for clients. Come along and get involved!

No need to register - just turn up!

For more information contact Simon@justlife.org.uk

LGBTQ+ Drop-in

Pavilions Criminal Justice Team



Come along to our LGBTQ+ drop-in, inclusive of all gender identities & orientations.

Monday 2pm - 4pm
9 The Drive, Hove
Starting 9th January 2017

For an informal chat or to arrange a meeting around your drug and/or alcohol use call Allie or Gary on 01273 731900.

www.pavilions.org.uk
Freephone 0800 014 9819
@Pavilions_org



The Criminal Justice Engagement Team supports any adult who suffers with a drug or alcohol problem and have found themselves anywhere within the Criminal Justice System. We will visit individuals anywhere within Criminal Justice settings such as Custody Suite Cells, Police Stations, Courts, Prisons and Probation to engage people into drug and alcohol treatment.

The team works with individuals who have self-referred following arrest, during sentencing or whilst in custody. We also work in partnership with Police and Probation with people on community schemes such as Integrated Offender Management (IOM) and with people who have a drink or drug problem being released from prison on Licence Conditions.

We also receive referrals from partner agencies such as Police, Prison and Probation. We work with those who have been sentenced in court to community orders such as Drug Rehabilitation Requirement (**DRR**), Alcohol Treatment Requirement (**ATR**), Drugs Intervention Programme Specified Activity Requirement (**DIPSAR**), Rehabilitation Activity Requirement (**RAR**) and Brief Intervention Service Specified Activity Requirement (**BISSAR**).

Generally speaking, a DRR and ATR order will require someone to be supported by our service for a specified length of time, these are more structured orders. RAR, and less common DIPSAR and BISSAR, orders require the individual to attend a specified number of sessions at their preference i.e. a service user may wish to attend several sessions a week to complete their order faster.

If you would like to know more then please contact our Criminal Justice Team Leader Debbie Piper on 07884475131 or dpiper@pavilions.org.uk.

This team is particularly popular with volunteers and peer mentors due to the variety involved in the role and the work experience that can be gained. One of our recent volunteers found employment after working in the team for only 6 months and stated that the experience gained had been vital in increasing their knowledge and confidence!

Interested? Contact Chris Smith on 01273 731900 or csmith@pavilions.org.uk

Breaking Free

Training Updates

Did you know we now offer Breaking Free?

Breaking Free is an award-winning digital recovery programme

Accessible 24/7 on ANY computer, tablet or smartphone

Gives you **PROVEN** behaviour change techniques

Helps you to manage high risk situations

Easy to follow and totally confidential

Ideal for all stages of your recovery journey

Ask a staff member or peer mentor for a Breaking Free access card today!

Use the code printed on the card to set up your personal Breaking Free account:

Go to: www.breakingfreeonline.com

Click on: 'First time on Breaking Free'

Available **FREE** here!

Take control of your own recovery

Programme developed by Clinical Psychologists

Programme accredited and regulated by

HCPC registered

OCR Defined Certificate and Risk

www.breakingfreeonline.com

Recovery support available in your pocket, any time!

Visit the website for more details www.breakingfreeonline.com

Domestic Abuse & Substance Misuse

This course will enable participants to understand concepts and develop skills to work effectively with service-users who present with domestic abuse and substance misuse issues. Participants will explore the behaviours which constitute domestic abuse, and the ways in which substances are used in the context of domestic abuse. Domestic abuse risk management and safety planning will be considered within the context of working with service-users affected by both issues.

Tuesday 21st February 2017 09:30-16:30

Motivational Interviewing: Facilitating Behaviour Change around Drugs & Alcohol

Motivational Interviewing is a collaborative, highly effective, evidence based and deeply client centred approach aimed at helping people achieve positive behaviour change. This course will present the opportunity to enhance existing knowledge and skills as well as provide a comprehensive introduction to those with little or no experience of Motivational Interviewing.

Tuesday 7th March 2017 09:30-16:30

Drug & Alcohol Basic Awareness (2 day course)

A two-day course on substance misuse related issues and interventions. This course is essential for anyone who comes into contact with drug or alcohol users in their work. This is an ideal introduction to current substance use issues in Brighton and Hove, equipping you with the knowledge and tools you will need to support your service-users, including signposting to specialist services.

Thursday 9th & Friday 10th March 2017 09:30-16:30

To book any of these courses plus others, please visit 'Brighton & Hove Learning Gateway' [here](#).

We also offer bespoke training sessions. If your staff team/organisation could benefit from a training session but can't attend one of the set training dates we can come to you for more specialised sessions.

Please contact our team at healthpromotion@pavilions.org.uk / 01273 731900 for more information.

Produced by:

Pavilions Health Promotion & Training Team

e: healthpromotion@pavilions.org.uk

Next DAWG meeting:

Tuesday 14th March 2:30pm - 4:30pm

[The Friends Meeting House, Ship Street](#)

Tea, coffee & biscuits served from 2:15pm

Confirmed speakers from:

Tom Worthley - Arch Healthcare

Julie Stacey - Active for Life

Paul Collins - SPIN Project, Sussex Pathways

& more!

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**Brighton & Hove
City Council**

