

Please use this space to add any information that will help with your application to become a mentor or mentee

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Thank you

Pavilions drug and alcohol service

For further information please contact:

**Dave Obermayer
Peer mentor co-ordinator**

Pavilions
Richmond House
Richmond Road
Brighton, BN2 3RL

 +44 (0)7920546678

 dobermayer@pavilions.org.uk

 www.pavillions.org.uk

We aim to maintain the highest standards of service care to our Peer Mentors and Mentees.

If you have a suggestion about how we could improve something we do, or a complaint because you are not satisfied with the service we have provided, we would like you to tell us about it.

Please contact:

Kate Damert development manager

Cranstoun central services

 +44 (0)7973458910

 kdamert@cranstoun.org.uk

 www.cranstoun.org

Peer Mentoring Scheme



Supporting people with substance misuse to a brighter future

Peer Mentoring

Cranstouns peer mentoring scheme is for those people who have experienced a drug or alcohol problem, who may have been through structured treatment and have now found stability in their recovery.



The overall aim is to inspire people who are entering drug and alcohol treatment to visualise and seek their own Recovery.

This can be done by supporting the development of a mentees skills and tools that can support them into recovery and build on their social and community networks.

All of this can be done by Peer Mentors passing on lived experience, supporting mentees attendance with both service and community appointments and through engagement in the mentees care co-ordination and goal orientated work.

Becoming a mentor

If you want to become a peer mentor then you can either:

- * **Speak to your care co-ordinator to discuss a internal referral to the project**
- * **Complete the slip on this form and send it back to Pavilions**

As a Mentor for Pavilions you will be able to access a structured training programme providing you with the necessary skills and awareness to work alongside Pavilions staff with the care coordination of those in treatment.

The scheme provides regular supervision and reflective practice groups to support you in your new roles.

Becoming a mentee

If you want to become a mentee and receive the support of a peer mentor then you can either:

- * **Speak to your care co-ordinator and ask them to make a referral**
- * **Complete the slip on this form explaining what you hope to gain from the support and send it back to Pavilions**

Application slip

Please complete the brief details below and hand in to Reception. This will be passed to the Peer Mentor co-ordinator who will contact you via the details you provide.

Name.....

Telephone.....

Email.....

Address.....

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Please state if you are currently engaged with drug or alcohol services and the name of your care coordinator.

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Thank you