

**Tomorrows' flowers  
are the seeds of  
today...**



**We don't judge, we help.**

If you are concerned about your own drug or alcohol use, or if someone you care about is struggling with issues around substance misuse, then call Pavilions, the drug & alcohol treatment service for Brighton & Hove. Visit the website for more information.

**[www.pavilions.org.uk](http://www.pavilions.org.uk)**  
**Freephone 0800 014 9819**  
 **@Pavilions\_org**



**Brighton & Hove  
City Council**