

## Who are Pavilions?

Pavilions is a partnership of organisations, led by Cranstoun, working with Surrey & Borders Partnership NHS Foundation Trust, Equinox, Brighton Oasis Project and Cascade Creative Recovery.

Pavilions delivers Adult Drug and Alcohol Services for residents of Brighton and Hove.

We support individuals & families to improve their wellbeing, to take control, live meaningful lives and meet their recovery goals.

Please see our website for more detailed information [www.pavilions.org.uk](http://www.pavilions.org.uk)

 Follow us on  
Twitter @Pavilions\_org

 Like us on Facebook

 Email us at  
[info@pavilions.org.uk](mailto:info@pavilions.org.uk)

**We don't judge, we help.**

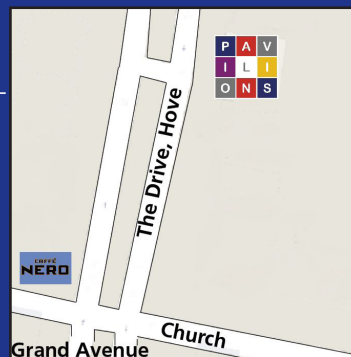


Service Commissioned  
by Brighton & Hove City  
Council

## Our contact details

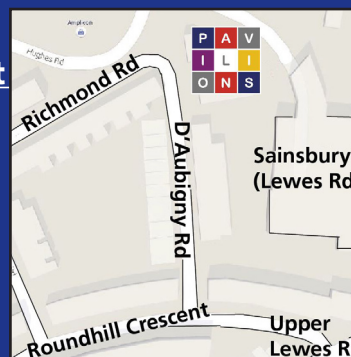
### Families & Carers Service

9 The Drive, Hove,  
BN3 3JE  
t: 01273 680714  
e: [familyandcarers@pavilions.org.uk](mailto:familyandcarers@pavilions.org.uk)



### Main access point & referral hub

Richmond House,  
Richmond Road,  
Brighton, BN2 3RL  
t: 01273 731900  
t: 0800 014 9819



### Women's Service inc Needle Exchange

11 Richmond Place, Brighton, BN2 9NA  
t: 01273 696970

### Needle Exchange

Brighton Homeless Healthcare, Morley  
Street, Brighton, BN2 9DH

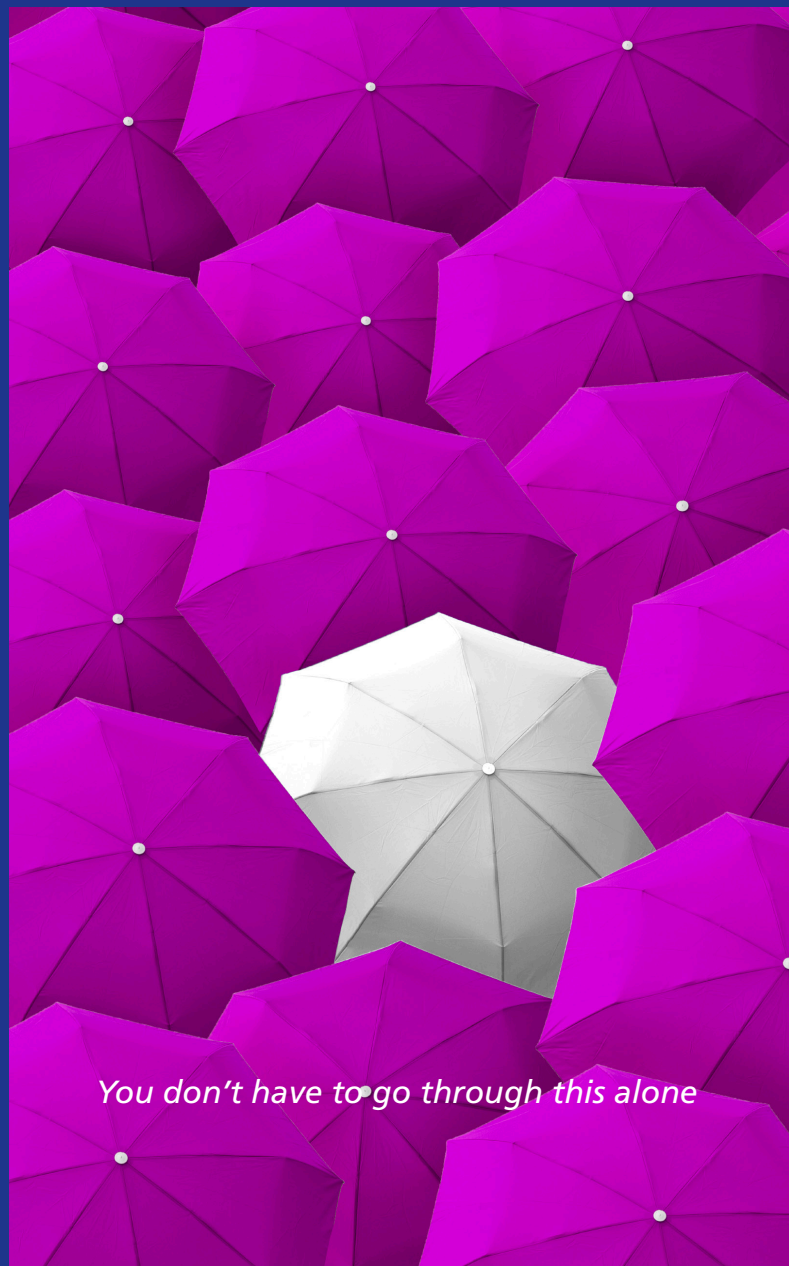
For more information and support, call us between 9am-5pm Monday to Friday, until 7pm on Thursday & 10am-1pm on Saturdays.



**Maybe it's  
time to call  
Pavilions on  
01273 731900?**

## Families & Carers Service

Support for those affected by another's drug or alcohol use



*You don't have to go through this alone*

## What is the Families and Carers Service?

At Pavilions we understand how deeply families, friends and carers can be affected by the substance misuse of those they care about, so we offer support services for them, or anyone in the local community experiencing the effects of someone else's drug or alcohol problems.

It is not easy to overcome drug or alcohol dependency, but people can and do recover. Family, friends and carers can be a vital avenue of support for users and can provide the hope and inspiration that they need to turn their lives around. Often the family cannot do it alone, this is when dedicated support services like ours come in.

Here you can meet other people going through similar experiences and get the support you need from our experienced staff.

## Our clients say:

*"I never imagined I would get my family back – I was broken and now I feel whole again"*

*"Without the service and the support they provided I feel my relationship with my brother would not have improved. Thank you"*

*"I feel less isolated and more informed to know the best way to manage my situation"*



## Our services:

**Advice, Support & Information** on a range of issues.

**Referrals to other services** which can help both families, friends, carers and the substance user.

**Support Groups** for families, friends and carers of substance users.

**Outreach Support** through home visits.

**Training** for families, friends and carers around basic counselling, communication skills, first aid, overdose prevention and basic drug & alcohol awareness training.

**One-to-one support** in a safe environment.

**Confidential Counselling** for families, friends & carers.

**Relationship Counselling** for any two people affected by drug or alcohol use.

**Structured Education Groups** offering knowledge and awareness around common issues for families, friends & carers.

## How we work:

After your first contact we will offer you an appointment with one of our team to hear about your situation, the impact on you emotionally, physically, socially and financially.

We will then offer you a wide range of appropriate daytime and evening services. This in turn will be empowering in making positive changes for your future.

## How to get in touch with us?

Contact our team directly on 01273 680714

You can also email us at:

**[familyandcarers@pavilions.org.uk](mailto:familyandcarers@pavilions.org.uk)**



We run the Families and Carers Service from two sites, 9 The Drive, Hove and Richmond House. Maps and addresses overleaf. Give us a ring if you'd like to come in and have a chat.

We offer evening appointments if it is difficult for you to attend during office hours.

When you contact us we can discuss your specific situation and work with you to find the best solution. We can offer you a range of support options, further information and referrals to other services.